

BACHELOR IN SOCIAL WORK

Main Language of Instruction:

French ☒ English ☐ Arabic ☐

Campus Where the Program Is Offered: CSH

OBJECTIVES

The professional mission of social work is to enhance the well-being of individuals and communities, and to contribute to meeting the basic human needs of all people, with particular attention to those who are oppressed and vulnerable, while respecting their rights and dignity.

Social work is practiced in various orientations and functions such as family intervention, community work, or individual psychoeducational support, all of which involve addressing multiple and complex human interactions.

PROGRAM LEARNING OUTCOMES (COMPETENCIES)

- Accompany individuals and families in managing complex life situations.
- Support vulnerable individuals and groups in constructing and carrying out their life project with a view to their autonomy, inclusion and social or professional reintegration.
- Develop one's professional identity as a social worker in changing contexts and in complementarity with other professionals.
- Initiate actions that strengthen citizenship and social bonds.
- Implement comprehensive, integrated and sustainable development projects to improve quality of life and promote individual and social well-being, while upholding rights, equity and social justice.

PROGRAM REQUIREMENTS

Prerequisites: Candidates with a Technical Baccalaureate (TB) admitted to the Bachelor in Social Work should validate 12 prerequisite credits (equivalent to the 90 hours required by the Ministry of Education and Higher Education), during the first semester of studies, prior to enrollment in the regular study program.

180 credits: Required courses (118 credits), Institution's elective courses (24 credits), Open elective courses (6 credits) and USJ General Education Program (32 credits).


Fundamental Courses (142 Cr.)

Required Courses (108 Cr.)

Inequalities, Oppressions, Precarity, and Social Work (4 Cr.). Integration and Reflective Seminar (4 Cr.). Introduction to Social Work (4 Cr.). Personal Development and Self-Growth (4 Cr.). Research Methodology in Social Work I (4 Cr.). Research Methodology in Social Work II (4 Cr.). Rights, Legislations, and Social Work (4 Cr.). Methodology of Individual Socio-Educational Projects and Re-Educational Groups (6 Cr.). Preventive and Rehabilitative Institutional Programs (2 Cr.). Social Work and Life Cycles (6 Cr.). Child Protection and Case Management (4 Cr.). Families with Multiple Challenges and Parental Education (4 Cr.). Methodology and Approaches in Social Work with Families (6 Cr.). Application Workshop and Group Facilitation Techniques (4 Cr.). Methodology, Theories, and Practices in Social Work with Groups (6 Cr.). Design of Big Events and Social Marketing (2 Cr.). Methodology and Approaches in Social Work with Communities (6 Cr.). Project Design and Management (6 Cr.). Artistic and Creative Mediation in Social Work (2 Cr.). Social Work and Mental Health (4 Cr.). Internship in Community Work Initiation and Group Facilitation (4 Cr.). Internship in Family and Group Intervention (6 Cr.). Internship in Individual and Group Socio-Educational Support (6 Cr.). Internship in Professional Immersion in Social Work (4 Cr.).

Institution's elective courses (34 Cr.)

Pre-professional practical training: choice of 20 credits from the three internship options.

1. *Advanced Internship in Social Work with Communities I* (10 Cr.)
 2. *Advanced Internship in Social Work with Communities II* (10 Cr.)
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3. *Advanced Internship in Social Work with Families I* (10 Cr.)
4. *Advanced Internship in Social Work with Families II* (10 Cr.)
5. *Advanced Internship in Social Work with Individuals I* (10 Cr.)
6. *Advanced Internship in Social Work with Individuals II* (10 Cr.)

Art-Based Pedagogy (2 Cr.). Citizenship and Human Rights (2 Cr.). Conflict Management and Resolution (2 Cr.). Critical Thinking: A Tool for Personal Development (4 Cr.). Disability and Inclusion (2 Cr.). Gender, Violence and Discrimination (4 Cr.). History, Memory, and Cultural Heritage (3 Cr.). Humanitarian Crises and Social Work (2 Cr.). Humanitarian Crises, Migration and Interculturality (4 Cr.). Introduction to the Study of Society (3 Cr.). Proximity-Based Social Work (2 Cr.). Social and Solidarity Economy (3 Cr.). Social Work and Physical Health (2 Cr.). Sociocultural Development and Promotion (4 Cr.). Sustainable Development: Concept and Practice (3 Cr.). Volunteering and Civic Action (2 Cr.).

Open Elective Courses (6 Cr.)

USJ General Education Program (32 Cr.)

Code	Course Name	Credits
	ENGLISH OR OTHER LANGUAGE	4
015AALPL6	Professional English – A	4
	ARABIC	4
	<i>Arabic Language and Culture</i>	2
435LALAL2 or 435LALML2	Arabic Language and the Arts or Arabic Language and the Media	2
	<i>Other Course Taught in Arabic</i>	2
015QPSAL1	Current Issues and Social Problems: Interactive Workshop	2
	HUMANITIES	8
064VALEL1	USJ Values in Daily Life	2
	<i>Ethics</i>	2
018EPTSL5	Values and Ethics in Social Work	2
	<i>Civic Engagement and Citizenship</i>	4
015CCDRL5	Citizenship, Human Rights and Socio-Political Actions	4
	SOCIAL SCIENCES	6
	<i>Professional Integration and/or Entrepreneurship</i>	2
015LIPPL5	Leadership, Innovation and Professional Posture	2
	<i>Other Social Sciences Courses</i>	4
015DTSSL1	Labor Law and Social Security	2
015MOSSL5	Management of Social Organizations	2
	QUANTITATIVE TECHNIQUES	6
016IINFL1	Introduction to Basic Microsoft Office Applications	2
015IMQTL2	Introduction to Quantitative Method	2
016IAPQL6	Introduction to Quantitative Data Analysis	2
	COMMUNICATION TECHNIQUES	4
015ITURL1	Initiation to Academic Work and Documentary Research	2
015PICPL1	Speaking with Impact: The Keys to Public Speaking	2

SUGGESTED STUDY PLAN

Regarding prerequisites for students with a Technical Baccalaureate, the following 12 credits must be validated

Code	Course Name	Credits
015DESRLO	Required Economic and Sociological Dimensions	6
015DPPRLO	Required psychological and philosophical dimensions	6

Semester 1

Code	Course Name	Credits
435LALML2 or 435LALAL2	Arabic Language and the Media or Arabic Language and the Arts	2
015IOTSL1	Inequalities, Oppressions, Precarity, and Social Work	4
015ITURL1	Initiation to Academic Work and Documentary Research	2
016IINFL1	Introduction to Basic Microsoft Office Applications	2
015DTSSL1	Labor Law and Social Security	2
015DPGSL1	Personal Development and Self-Growth	4
015PN3AL1	Social Work and Life Cycles	6
015PICPL1	Speaking with Impact: The Keys to Public Speaking	2
064VALEL1	USJ Values in Daily Life	2
015SITSL1	Internship in Professional Immersion in Social Work	4
	Total	30

Semester 2

Code	Course Name	Credits
015ATAGL2	Application Workshop and Group Facilitation Techniques	4
015QPSAL2	Current Issues and Social Problems: Interactive Workshop	2
015MACSL2	Artistic and Creative Mediation in Social Work	2
015INTSL2	Introduction to Social Work	4
015ATSCL2	Methodology and Approaches in Social Work with Communities	6
015MTSGL2	Methodology, Theories, and Practices in Social Work with Groups	6
015IMQTL2	Introduction to Quantitative Method	2
015SICAL2	Internship in Community Work Initiation and Group Facilitation	4
	Total	30

Semester 3

Code	Course Name	Credits
015FPEPL3	Families with Multiple Challenges and Parental Education	4
015MTSFL3	Methodology and Approaches in Social Work with Families	6
015ASPIL3	Methodology of Individual Socio-Educational Projects and Re-Educational Groups	6
015PIPRL3	Preventive and Rehabilitative Institutional Programs	2
015CPPSL3	Project Design and Management	6
016IAPQL6	Introduction to Quantitative Data Analysis	2
	Open Elective Course	4
	Total	30

Semester 4

Code	Course Name	Credits
015SPCML4	Child Protection and Case Management	4
015DLTSL4	Rights, Legislations, and Social Work	4
015TSSML4	Social Work and Mental Health	4
015SIFGL4	Internship in Family and Group Intervention	6
015SASEL4	Internship in Individual and Group Socio-Educational Support	6
	Open Elective Courses	6
	Total	30

Semester 5

Code	Course Name	Credits
015CCDRL5	Citizenship, Human Rights and Socio-Political Actions	4
015CEGPL5	Design of Big Events and Social Marketing	2
015LIPPL5	Leadership, Innovation and Professional Posture	2
015MOSSL5	Management of Social Organizations	2
015REDOL5	Research Methodology in Social Work I	4
018EPTSL5	Values and Ethics in Social Work	2
015SPC1L5 or 015SPF1L5 or 015SPI1L5	Institution's Elective Course Advanced Internship in Social Work with Communities I or Advanced Internship in Social Work with Families I or Advanced Internship in Social Work with Individuals I	10
	Open Elective Courses	4
	Total	30

Semester 6

Code	Course Name	Credits
015SIREL6	Integration and Reflective Seminar	4
015AALPL6	Professional English – A	4
015IRTSL6	Research Methodology in Social Work II	4
015SPC2L6 or 015SPF2L6 or 015SPI2L6	Institution's Elective Courses Advanced Internship in Social Work with Communities II or Advanced Internship in Social Work with Families II or Advanced Internship in Social work with Individuals II	10
	Institution's Elective Courses	4
	Open Elective Courses	2
	Total	30

COURSE DESCRIPTION

015SPC1L5	Advanced Internship in Social Work with Communities I	10 Cr.
<p>The Advanced Internship I offers social work students the opportunity to test their conceptual, strategic, and methodological capacities, as well as their professional posture (values, ethics, attitudes, maturity, etc.), facing the demands and specificities of the professional field. Trainees have the opportunity to:</p> <ul style="list-style-type: none">- Understand themselves as social work professionals, particularly as practitioners of community or collective action.- Develop their skills in community diagnosis or needs assessment.- Practice project planning with the identified community/collective.- Practice strategic integration of a public event within the overall project planning.		
015SPC2L6	Advanced Internship in Social Work with Communities II	10 Cr.
<p>This internship builds upon Internship I, providing specialized orientation in social, socioeconomic, or sociocultural development. It is based on a problem-oriented approach and includes a collective space for practice analysis. In this phase, interns are required to:</p> <ul style="list-style-type: none">- Implement the planned action.- Mobilize the resources needed to carry out the planned activities.- Execute the planned event.- Conduct an evaluation of the project.		
015SPF1L5	Advanced Internship in Social Work with Families I	10 Cr.
<p>This internship provides social work students with the opportunity to put their conceptual, strategic, and methodological capacities, as well as their professional posture (values, ethics, attitudes, maturity, etc.), to real-world challenges and the demands and particularity of the professional field. Trainees will have the opportunity to:</p> <ul style="list-style-type: none">- Conduct a study on the issue to be addressed.- Explore scientific literature on best practices in order to make an informed choice of one or more theoretical approaches for carrying out the intervention.- Complete the first stage of the intervention process with identified families.		
015SPF2L6	Advanced Internship in Social Work with Families II	10 Cr.
<p>This internship builds upon Internship I, and offers a specialized orientation in family intervention in social work. It is based on a problem-oriented approach and includes a collective space for practice analysis. In this phase, interns are required to:</p> <ul style="list-style-type: none">- Implement the intervention process with the families engaged during the first part.- Plan and conduct a group intervention tailored to identified common needs.- Carry out a continuous and final evaluation of the intervention process and outcomes (at the family and group levels).- Conclude the intervention process and transfer the case files to the professionals in place, maintaining confidentiality and professional secrecy.		
015SPH1L5	Advanced Internship in Social Work with Individuals I	10 Cr.
<p>This internship enables students to carry out specialized socio-educational work in an institutional or community setting. It allows them to deepen and consolidate their individual educational intervention, as well as the management and methodology of a group re-educational project, along with the reflection and elaboration of an institutional educational project, targeted and adapted to the context and identified needs. Internship I enables students to:</p> <ul style="list-style-type: none">- Participate in the daily life activities of the population concerned in the institution.- Put observation techniques into practice.- Identify the methodological approach to individual and group educational projects.- Improve the capacity to analyze the needs of a population and targeted issues.- Learn to work as part of a multidisciplinary team.		

015SPI2L6	Advanced Internship in Social Work with Individuals II	10 Cr.
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In continuity with the first part, this part of the internship provides specialized orientation in individual and institutional socio-educational projects. It is based on a problem-oriented approach and includes a collective space for practice analysis. In this phase, interns are required to:

- Implement the socio-educational support process with individuals engaged during the first part.
- Plan and conduct group re-educational support in response to identified common needs.
- Carry out a continuous and final evaluation of the individual and group support process and of the outcomes achieved.
- Close the support process and transfer the case files to professionals in place, if necessary, while respecting confidentiality and professional secrecy.

015ATAGL2	Application Workshop and Group Facilitation Techniques	4 Cr.
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This course offers role-playing exercises, situation scenarios and case studies allowing an understanding of group types and dynamics as well as related intervention methods. It enables the development of animation programs and diverse techniques that foster interaction, and promote member participation or decision-making.

435LALAL2	Arabic Language and the Arts	2 Cr.
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This course introduces students to the Arabic language, culture, and specific field of arts. Students develop Arabic language skills while exploring cultural aspects related to their chosen option. The focus is on practical communication skills and understanding contemporary and traditional Arabic culture.

435LALML2	Arabic Language and the Media	2 Cr.
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This course introduces students to the Arabic language, culture, and specific field of media. Students develop Arabic language skills while exploring cultural aspects related to their chosen option. The focus is on practical communication skills and understanding contemporary and traditional Arabic culture.

016PEARL1	Art-Based Pedagogy	2 Cr.
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This integrative course merges various artistic disciplines under a pedagogical lens, creating a dynamic space for the convergence of creation and education. It promotes artistic practice as a means of reflection, expression, and innovation in school settings. Students engage in creative processes through hands-on production and critical analysis, blending sensitivity, imagination, and educational intent. The course fosters personal and collective engagement, with art serving as a medium for pedagogical exploration, communication, and transformed learning relationships.

015MACSL2	Artistic and Creative Mediation in Social Work	2 Cr.
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Art plays an increasingly significant role in social work. This course aims to develop innovative and creative methods for various types of socio-educational interventions focused on development or rehabilitation.

015SPCML4	Child Protection and Case Management	4 Cr.
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This course focuses on the protection of minors at risk. It addresses child protection systems and operational standards to be adopted depending on the case under study (SOP). It explains step-by-step case management based on a common standardized methodology and appropriate tools.

015CDHOL3	Citizenship and Human Rights	2 Cr.
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This course aims to encourage all USJ students to adhere to fundamental rights and to develop their civic commitment.

015CCDRL5	Citizenship, Human Rights and Socio-Political Actions	4 Cr.
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This course is part of the USJ General Education Program. It aims to make social work students aware of the importance of their activist role and their participation in public life across various domains: civil, civic, political and social. As such, it encourages them to position themselves as active citizens, on both the personal and professional



levels. It equips future social workers with the means to combat all forms of abuse and inequality, and to align with Sustainable Development Goals (SDGs).

016GRCOL2	Conflict Management and Resolution	2 Cr.
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This course helps students understand the different stages of conflict management, viewing conflicts not as obstacles but as opportunities for personal and professional growth. It offers practical strategies and techniques for conflict resolution while fostering nonviolent communication and constructive attitudes. The course aims to strengthen students' ability to positively intervene in conflict situations, both in educational settings and in everyday life.

016PCDPL2	Critical Thinking: A Tool for Personal Development	4 Cr.
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This course provides a pedagogical space focused on developing critical thinking. It is based on constructive doubt and aims to help students refine their reasoning, articulate well-founded judgments, and strengthen intellectual autonomy. The course integrates two complementary dimensions: personal development of the teacher – through themes such as self-knowledge, project building, problem analysis, time and stress management, and decision-making – and support for learners' personal development by teaching transferable techniques that foster critical thinking. Through active methods of questioning, analysis, prioritization, deconstruction of assumptions, and comparison, the course aims to strengthen students' self-respect, awareness of their competencies, and capacity to authentically and constructively engage on both personal and professional levels.

015QPSAL1	Current Issues and Social Problems: Interactive Workshop	2 Cr.
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This course is part of the USJ General Education Program. It provides an opportunity to learn about the social reality and issues currently in focus for intervention. These seminars are organized in cooperation with NGOs and associations that are active in various social fields.

015CEGPL5	Design of Big Events and Social Marketing	2 Cr.
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This course enables students to design big events, such as promotional events for social or societal causes. Students learn to mobilize stakeholders, allocate resources, work in teams, and communicate effectively.

065HDC3L1	Disability and Inclusion	2 Cr.
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This course aims to help students develop a comprehensive understanding of disability, with inclusion as a central theme. Students will learn to define disability and impairment, and to explore key notions such as “disability situation,” “vulnerability,” and “loss of freedom.” They will also study the impact of disability on individuals' lives and examine the main types of disabilities based on international classifications such as the DSM-5 and ICD-11. The course will cover definitions, causes, symptoms, care needs, associated disorders, and comorbidities. Ultimately, it seeks to raise awareness of the importance of inclusion in a society where every individual, regardless of circumstance, can fully flourish, while empowering students to play an active role in advancing inclusion.


015FPEPL3	Families with Multiple Challenges and Parental Education	4 Cr.
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This course consists of two components:

- Part A enables social work students to understand families facing multiple challenges through an ecosystemic approach in order to develop appropriate intervention strategies.
- Part B, “Positive Parenting: Roles and Pedagogy,” reflects on parenting and general psycho-pedagogical orientations, to overcome the difficulties in everyday family responsibilities.

015GVDIL6	Gender, Violence and Discrimination	4 Cr.
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This course raises awareness among social work students about various aspects related to gender, as well as the issues of violence and discrimination that arise from it. It facilitates their understanding of gender related theories and approaches for appropriate intervention.



011HHMPL3	History, Memory, and Cultural Heritage	3 Cr.
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This course explores three interrelated concepts: memory, history, and heritage. Memory shapes history and influences how it is told, while heritage provides a tangible expression of both memory and history. Students will analyze the scientific definitions of these concepts and engage with local Lebanese examples to better understand and showcase them.

015CHTSL3	Humanitarian Crises and Social Work	2 Cr.
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This course allows students to adhere to “fundamental rights through civic engagement.” It aims to develop students’ ability to act in emergency and crisis situations while respecting the dignity of individuals, groups and communities.

015CHMIL5	Humanitarian Crises, Migration and Interculturality	4 Cr.
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This course enables students to:

- Differentiate between types of emergencies and grasp the resulting crises.
- Analyze migration and refuge phenomena in the world in general and in Lebanon in particular, as well as the cultural, social, political and economic stakes involved.
- Reflect on practitioner values, beliefs and positioning when working with diverse populations, developing a respectful professional posture.
- Align their humanitarian action with Sustainable Development Goals (SDGs).

015IOTSL1	Inequalities, Oppressions, Precarity, and Social Work	4 Cr.
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This course contributes to the development of students’ capacity to:

- Understand the specificities related to phenomena of inequality, oppression, exclusion, precariousness and poverty in Lebanon.
- Identify socio-educational, socio-economic, socio-cultural and socio-political approaches to address the resulting challenges, in a perspective of risk reduction.

015ITURL1	Initiation to Academic Work and Documentary Research	2 Cr.
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This course is part of the USJ General Education Program. It aims to develop students’ learning capacities and optimize their academic performance. Offered in the first semester, it helps them better reflect on and produce educational requirements (assignments, projects, etc.). It introduces them to the thoughtful use of Artificial Intelligence (AI) resources and tools.

015SIREL6	Integration and Reflective Seminar	4 Cr.
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This course provides a space for students nearing the end of their bachelor’s program to assess the integration of their learning outcomes and mastery of the required competencies through a reflective, professionally focused approach.

015SICAL2	Internship in Community Work Initiation and Group Facilitation	4 Cr.
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This internship allows for an exploration of a geographically defined institutional and community context. Trainees are asked to develop a resource map, establish community contacts, and conduct a community diagnosis. A second objective is to form a group and work with it to facilitate a program based on perceived interests or needs.

015SIFGL4	Internship in Family and Group Intervention	6 Cr.
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This internship aims to introduce intervention with families and groups, allowing trainees to:

- Understand the dynamics of family reality and analyze it in interaction with its environment.
- Plan, conduct, and evaluate an intervention with the family from a global perspective.
- Use theoretical and methodological knowledge related to family social intervention.
- Identify the specificity of one’s professional role and know how to integrate into the work team.
- Identify and analyze common needs of the concerned population.
- Plan and carry out group intervention by forming the group and conducting various phases of the intervention.

015SASEL4	Internship in Individual and Group Socio-Educational Support	6 Cr.
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This introductory internship focuses on the educational relationship and the acquisition of skills based on the individualized socio-educational project. The project involves developing life plans related to identified problems/needs following socio-educational assessments. It includes the accompaniment of activities of daily living. Common needs will lead to conduct an educational group support.

015SITSL1	Internship in Professional Immersion in Social Work	4 Cr.
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This course is the first phase of practical training. It enables social work students to become acquainted with the social worker's profile, as well as with the types of governmental and non-governmental social organizations. It offers a differentiated knowledge of the services and programs offered in the sector. Exploration and observation visits, followed by oral presentations, facilitate knowledge sharing and collective reflection on practice reality.

016IINFL1	Introduction to Basic Microsoft Office Applications	2 Cr.
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This course equips students with basic skills for using Microsoft Word, PowerPoint and Excel for various academic and professional tasks. Through hands-on exercises and interactive sessions, students acquire skills in document creation, slide presentation, and are introduced to data analysis. Best practices for saving and protecting digital data are also covered.

015INTSL2	Introduction to Social Work	4 Cr.
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This course provides social work students with the historical, ethical and contextual foundations of their professional identity, encompassing both the overall framework and the specificity of roles and practices. It introduces philosophical principles underlying practice and the code of ethics to be adopted in professional exercise. It enables students to grasp the specificity of professional helping relationships and to develop the required fundamental skills. It initiates them to the social intervention process.

016IAPQL6	Introduction to Quantitative Data Analysis	2 Cr.
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This course introduces students to the fundamentals of quantitative data analysis in educational and social contexts. It equips them with the foundational skills needed to read, understand, and critically assess statistical data found in reports or articles. Students learn to produce simple statistical summaries, interpret graphs, and use digital tools, particularly Excel, to explore datasets. The course also introduces basic principles of sampling and survey methodology.

015IMQTL2	Introduction to Quantitative Method	2 Cr.
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This course is part of the USJ General Education Program. It introduces the quantitative method. It familiarizes students with the technical operations necessary for training and professional practice. The course prepares students to design tools and collect data.

011SAESL1	Introduction to the Study of Society	3 Cr.
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This introductory course in sociology equips students with the essential tools to understand how the social world is structured, functions, and evolves. It invites them to grasp the fundamental concepts of sociology and to think critically about the relationship between the individual and society.

015DTSSL1	Labor Law and Social Security	2 Cr.
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This course is part of the USJ General Education Program. It informs and introduces students to the labor code adopted in Lebanon, as well as to the protection policy. This course enables students to:

- Understand the legal environment, particularly in terms of labor law and the services provided by the National Social Security Fund.
- Analyze social cases that have legal issues and conflicts with the law.
- Orient according to the needs of the case under study, referring to existing social policies and related codes.

015LIPPL5	Leadership, Innovation and Professional Posture	2 Cr.
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This course is part of the USJ General Education Program. It encourages social work students to demonstrate leadership and innovation in complex situations they may encounter. It also supports working in multidisciplinary teams and adopting professional conduct that respects human values and institutional culture.

015MOSSL5	Management of Social Organizations	2 Cr.
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This course enables students to understand the organization and institutional functioning of social organizations. They identify and comprehend managerial requirements necessary for ensuring quality services.

015MTSFL3	Methodology and Approaches in Social Work with Families	6 Cr.
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This course presents the methodological process of family social intervention from a strengths-based, ecosystemic perspective. It introduces students to an understanding of the family system as a structure that functions and evolves over time. It empowers them to effectively intervene in various family dynamic situations, identifying characteristics and specificity of family social intervention within a global and integrated ecosystemic framework.

015ATSCL2	Methodology and Approaches in Social Work with Communities	6 Cr.
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This course enables social work students to have a comprehensive understanding of social work models with communities, whether they are geographic, identity-based, or of interest. With a focus on social development and promoting quality of life and collective well-being, approaches and strategies are aligned with the Sustainable Development Goals (SDGs).

015MTSGL2	Methodology, Theories, and Practices in Social Work with Groups	6 Cr.
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This course aims to develop group social work intervention practices. It covers the different stages of the methodological process as well as the specificity of each type of group and practice.

015ASPIL3	Methodology of Individual Socio-Educational Projects and Re-Educational Groups	6 Cr.
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This course aims at developing students' ability to initiate a person-centered socio-educational relationship and to carry out an individualized accompaniment plan, using appropriate resources and means, based on a socio-educational assessment. It also explores approaches appropriate to re-educational groups.

015DPGSL1	Personal Development and Self-Growth	4 Cr.
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This course is part of the USJ General Education Program. It enables students to develop their abilities to assert themselves, manage their emotions, and gain self-confidence in order to better manage complex situations they may be confronted with.

015PIPRL3	Preventive and Rehabilitative Institutional Programs	2 Cr.
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This course enables students to assume strategic roles in institutional educational projects, considering the stakeholder's issues and the organization's mission.

015AALPL6	Professional English – A	4 Cr.
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This course is part of the USJ General Education Program. It aims to develop the ability of social work students to use professional English in writing and speaking.

015CPPSL3	Project Design and Management	6 Cr.
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This course enables students to develop a strategic vision and to plan for projects to be implemented in response to the problems or needs of a group or community. Aimed at community development, this course also offers tools for setting up a project to ensure all necessary conditions for its implementation. The section on budget management covers the budgeting and monitoring of a social project.

015APTRL4	Proximity-Based Social Work	2 Cr.
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This course enables students to identify the principles and conditions of the outreach approach in social work. Students learn specific methodological features and professional posture for preventive and rehabilitative proximity-based social work.

015REDOL5	Research Methodology in Social Work I	4 Cr.
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This course serves as a prerequisite for the course “Research Methodology in Social Work II.” It aims to:

- Develop in students a rigorous research approach articulated with social work practice.
- Initiate students to documentary research and literature review as an essential step in the process.

015IRTSL6	Research Methodology in Social Work II	4 Cr.
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This course follows the course “Research Methodology in Social Work I.” It enables students to:

- Develop a rigorous research approach articulated with social work practice.
- Conduct data collection by developing various tools adapted to the nature of the research.
- Process and analyze collected data by applying appropriate methods that lead the researcher towards answers to the objectives of a study.

015DLTSL4	Rights, Legislations, and Social Work	4 Cr.
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This course consists of two parts:

- Part A deals with family law and vulnerable groups. It presents personal status in Lebanon, as regulated by the different religious communities, as well as laws relating to vulnerable individuals and groups, essential references for social workers in their professional practice.
- Part B addresses the law governing administrative and local public organizations. It aims to provide students with an in-depth understanding of administrative structures at local, regional and national levels. The program explores the different types of administrative organizations, with a particular focus on municipalities and local governments.

012SECTL4	Social and Solidarity Economy	3 Cr.
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The Social and Solidarity Economy (SSE) brings together a diverse range of actors (NGOs, associations, cooperatives, foundations, mutual societies, and social enterprises) whose economic models combine democratic governance with a non-profit approach. SSE is positioned as a third sector that lies outside the public-private divide.

This course examines the definition and scope of SSE within the national economy, tracing the origins of SSE law and analyzing its key provisions. It explores how the sector is structured, governed, and financed. The course will also cover the specific mechanisms for financing SSE organizations and enterprises, discussing their development prospects, the challenges they face, and the opportunities they offer.

Students will also explore the principles of social innovation and social entrepreneurship, along with relevant local and international regulations, to enable them to design and assess projects within any SSE component.

015PN3AL1	Social Work and Life Cycles	6 Cr.
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This course introduces social work students to the basic concepts of developmental psychology at the emotional, cognitive, and social aspects of individuals, from birth to old age. It encourages students to develop accompaniment strategies for dealing with transitional crises and issues related to each stage of development.

015TSSML4	Social Work and Mental Health	4 Cr.
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This course consists of the following dimensions:

- Psychopathology introduces social work students to major pathologies in children and adults, including developmental disorders, neuroses, psychoses, perversions, and antisocial behavior. The aim is to identify pathological symptoms and explore therapeutic possibilities, facilitating appropriate orientation and enhanced management within a multidisciplinary team.
- Social intervention in trauma, grief, and crisis situations aims to address issues related to the experience of grief, trauma, and their psychological and social effects on individuals, their families, and their environment.

In addition to understanding the phenomena accompanying these situations, this course discusses related intervention approaches.

015TSSPL3	Social Work and Physical Health	2 Cr.
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This course deals with the social impact of diseases and health disorders on individuals, families and society.

015ADSCL6	Sociocultural Development and Promotion	4 Cr.
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This course contributes to the development of students' ability to:

- Strengthen citizens' connection with their various environments (social, cultural, natural, historical, etc.).
- Promote cultural democratization actions and heritage preservation.
- Support and encourage artistic and cultural production.
- Offer leisure programs adapted to different types of audiences.
- Establish the link between sociocultural development and the Sustainable Development Goals (SDGs).

015PICPL1	Speaking with Impact: The Keys to Public Speaking	2 Cr.
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This course is part of the USJ General Education Program. Designed to help students develop essential public speaking skills, it enables students to:

- Acquire tools for confident oral communication.
- Manage the stress and anxiety associated with public speaking.
- Adapt their speech to their audience.

011GED2L3	Sustainable Development: Concept and Practice	3 Cr.
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This course, offered by the Department of Geography, is open to students in geography as well as other disciplines. Sustainable Development (SD) is an applied concept that seeks to promote "well-being by humanizing and greening the economy." In the face of challenges such as resource depletion and environmental degradation, SD envisions a world free from poverty, social inequality, and ecological strain.

The idea of Sustainable Development emerged from three main realizations:

- The dangers our lifestyles pose to the planet.
- The persistence of inequalities among people, particularly between the Global North and South.
- Growing concerns about economic development.

SD aims to promote good "governance" by providing tools to assess risks, inform, and guide political and economic action toward practical solutions for humanity's many interconnected challenges. It represents a complex reality, as it bridges economic, social, and environmental crises.

The course addresses key questions: How did the concept of sustainable development emerge? What are its principles and objectives? Is it an idealistic vision or can it be implemented in practice?

It contributes to the following competencies: addressing and solving environmental issues, conducting environmental research, and applying and communicating acquired knowledge.

064VALEL1	USJ Values in Daily Life	2 Cr.
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This course is part of the USJ General Education Program. It aims to raise awareness among students about the fundamental values of USJ and to integrate them into their personal, interpersonal, and professional lives. It engages them in critical reflection on how the values outlined in the USJ Charter can influence their behaviors, actions, and decisions in addressing contemporary global challenges. They will also gain awareness of global issues and ethical responsibilities, preparing them to positively contribute to the construction of a better society.

018EPTSL5	Values and Ethics in Social Work	2 Cr.
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This course contributes to the development of social work students' ability to:

- Clarify the meaning of their actions based on social work values.
- Develop a frame of reference to support the social worker's ethical reasoning.
- Position themselves and make decisions based on both values and ethics.

015ABC3L4	Volunteering and Civic Action	2 Cr.
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This course aims to make students aware of the importance of being involved in civic life by providing them with the opportunity to be engaged in various volunteer activities.

This course consists of two parts: theoretical teaching and supervised field practice.